

Elder Services' Nutrition Program

Menu subject to change without notice

**Modifications for restricted sugar available

June 2006

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Macaroni & Cheese Stewed Tomatoes Broccoli Cuts Rye Bread **Pudding	2 Egg Salad Tossed Salad Potato Salad Hamburger Roll Fresh Fruit
5 Salisbury Steak Peas & Carrots Red Potatoes Wheat Bread Pineapple	6 Hot Dog Cole Slaw Baked Beans Hot Dog Roll Apple Crisp	7 Beef Stew Green Beans Boiled Potatoes Biscuit Peaches	8 Pork Roast Mexican Corn Sweet Potatoes Dinner Applesauce	9 Baked Fish Broccoli & Cauliflower Clam Chowder Potato Bread **Pudding
12 Veal & Peppers Italian Beans Minestrone soup Hamburger Roll Mixed Fruit	13 Meatball Sub Ziti with sauce Spinach Steak Roll Pears	14 Orange Glazed Chicken Butternut Squash Roasted Potatoes Wheat Bread **Cake	15 Pepper & Beef Casserole Wax Beans Cream of Turkey Soup Rye Bread Fresh Fruit	16 <u>Father's Day Dinner</u> Lasagna Broccoli Cuts Mixed Vegetables Italian Bread **Jello
19 Chicken Chow Mein Oriental Vegetable Rice 100% Whole Wheat Bread Fortune Cookie Pineapple	20 Hawaiian Ham Braised Cabbage Sweet Potatoes Dinner Roll Peaches	21 Goulash Mixed Greens Vegetable Soup Italian Bread **Pudding	22 Turkey Dinner French Green Beans with mushrooms Mashed Potatoes Twelve Grain Bread **Cookie	23 Chef Salad Cole Slaw Macaroni Salad Wheat Bread Fruit Salad
26 BBQ Pork Buttered Corn Pea Soup Rye Bread Mixed Fruit	27 Chicken Asparagus Creamed Carrots Buttered Noodles Dinner Roll **Cake	28 Calico Beans & Sausage Cut Green Beans Rice Wheat Bread Applesauce	29 Meatloaf Spinach Mashed Potatoes Rye Bread **Pudding	30 Stuffed Salmon Peas & Mushrooms Red Potatoes Multi-grain Bread Pears

If you will not be home when your meal is delivered

PLEASE TELL YOUR DRIVER OR CALL 1-800-981-5201

SUGGESTED VOLUNTARY DONATION

\$2.00 PER MEAL to help defray costs