

Elder Services of Berkshire County - Nutrition Program

Menu subject to change without notice

*Modifications for restricted sugar available

APRIL 2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Macaroni & Cheese Stewed Tomatoes Green Beans Bread Pudding*	3 Beef Stew Boiled Potato Broccoli Biscuit Peaches	4 Chicken a la King Rice Blend Peas Bread Pineapple	5 (Happy Easter) Boiled Ham Dinner Potatoes Cabbage/Carrots Bread Easter Cake*	6 Corn Chowder Fish Wedge Spinach Bread Pudding*
9 Lentil Soup Salisbury Steak Red Potatoes Bread Peaches	10 Baked Chicken a la Orange Spinach Mixed Vegetables Bread Applesauce	11 Meat Loaf Roasted Potatoes Butternut Squash Bread Pudding*	12 Calico Beans and Sausage Mashed Potato Green Beans Bread Pears	13 Roast Pork Glazed Sweet Potato Cauliflower Cornbread Pineapple
16 PATRIOTS' DAY	17 Vegetable Soup Lasagna Spinach Italian Bread Peaches	18 Meatballs Polynesian Rice Oriental Vegetables Bread Pineapple	19 Chicken Divan Harvard Beets Broccoli Bread Pudding*	20 Baked Salmon Boiled Potato Peas Bread Applesauce
23 Liver and Onions Red Potatoes Mixed Vegetables Bread Peaches	24 Pepper Steak Cauliflower Carrots Bread Pudding*	25 Pea Soup Ham Salad Stewed Tomatoes Hamburger Roll Apple Crisp*	26 Roast Turkey Mashed Potato Butternut Squash Bread Applesauce	27 Hot Dog Baked Beans Sauerkraut Hot Dog Roll Pineapple Cookie*
30 Barbecue Pork Riblette Mashed Potato Green Beans Bread Pears				

If you will not be home when your meal is delivered
 PLEASE TELL YOUR DRIVER OR CALL 1-800-981-5201

SUGGESTED VOLUNTARY DONATION
 \$2.00 PER MEAL to help defray costs

All contributions are returned to the community toward the cost of nutrition programs and services.