

MARCH Cardiac Menu

Week 1

- MON:** Hot Turkey Sandwich, Green Beans, Apple Sauce
- TUES:** Baked Chicken, Cream Dill Potatoes, Carrots, Fruit Cup
- WED:** Herbed Pork Loin, Red Smashed Potatoes, Buttered Corn, Ice Cream
- THURS:** Spaghetti, Bolognese Sauce, Tossed Salad, Mandarin Oranges

- FRI:** Rosemary Chicken, Rice, Broccoli, Brownie

Week 2

- MON:** Chicken & Mushrooms, Garlic Butter Rotini, Carrots, Peach Cobbler

- TUES:** Roast Turkey, Mashed Potatoes, California Vegetables, Pudding

- WED:** BBQ Chicken Legs, Mashed Potatoes, Vegetable Medley, Cookies

- THURS:** Hamburger Deluxe, Baked Beans, Green Beans, Peaches

- FRI:** Chicken Parm, Pasta w/ sauce, Italian Green Beans, Pears

Week 3

- MON:** Roastbeef w/ gravy, Mashed Potatoes, Carrots, Jello

- TUES:** Italian Chicken Patty, Mashed Potatoes, Peas, Pudding

- WED:** Apple Pork Loin, Potatoe Au'Gratin, Green Beans, Ice Cream

- THURS:** Philly Cheese Steak Wrap, California Blend Vegetables, Mandarin Oranges

- FRI:** Shells and Cheese, Stewed Tomatoes, Pudding

Week 4

- MON:** Goulash, Peas, Jello

- TUES:** Mustard Crusted Pork, Mashed Potatoes, Broccoli, Cookies

- WED:** Herbed Pork Loin, Sweet Potato, Green Beans, Peaches

- THURS:** Spaghetti, Meatballs, Italian Green Beans, Cake

- FRI:** Beef Stroganoff, Noodles, Broccoli, Cookies

